

Cooking Demonstration: Mediterranean Magic

Event Date:

Wed, Sep 16, 2015

Adrienne Cook, Gardening and Cooking Writer and Danielle Cook, MS, Nutritionist and Cooking Instructor

Olives, lemon, garlic, oregano, cinnamon, lentils, and cucumber: delve into the flavors of the Mediterranean with the Cook Sisters as they demo two recipes that feature a medley of ingredients from one of the most flavorful regions of the world. **Please note:** The 12:45 p.m. program is a repeat of the 12 p.m. program.

Dates: Wednesday, September 16

Time: 12:45 to 1:30 p.m.

Location: Conservatory Garden Court

FREE: No pre-registration required



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